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March 8, 2019

Corrections to new course books.

Aromatherapy 101:

Book 1: Page 14: Should read My Journey with Essential Oils (Not My Journey)

Page 45: Should read pyranocoumarins. (Not pyro-coumarins).

Book 2:

Page 56: Roman chamomile: Should read: Note: Middle

Page 60: Roman chamomile: Should read: **TCM:** Roman Chamomile has been associated with the Earth, Fire, and Wood element. It has also been associated with the Liver, Spleen, Gall Bladder, Heart and Stomach Meridians.

Page 228: Under Carrier Oils Jojoba this should read: It contains protein, minerals, plant wax and a typical Fatty Acid profile of 66 – 71% Eicosenoic acid, 14 – 20% Docosenoic acid, 10 – 13% Oleic acid, 0 – 2% Palmitic acid and 0 – 1% Behenic acid.

Book 3: Page Heading should read 101 not 201

Workbook: Page 35:

~~We will use the Restful Sleep blend from the Sample Blends in this experiment.~~

Use one of the Restful Sleep Blends from the Sample Blends or follow the recipe below.

Lesson 6:

Page 47 Question 3 changed to:

3. Which of these oil blends can be used during pregnancy?

- A. Peppermint. Rosemary. Chamomile.
- B. Lemon. Ginger. Mandarin.
- C. Geranium. Clary sage. Chamomile.

Lesson 7 - page 54: Question 9: Should read:

What is the Latin Name for Ginger

Lesson 10 – Page 80

Question 2 – C is the correct answer. Answer Key Changed.

Lesson 11

Page 84 – Should be Two Assignments.

This should be inserted:

~~Assignment 2~~

~~Create a chart comparing the English vs. French vs. German methods of essential oil use.~~

This assignment is done in Lesson 1

Assignment ~~3~~ **2**

Create a cold infused oil.

Page 86

Question 7 – B is correct answer. Answer Key Changed.

Lesson 17

Question 10 – Correct Answer BOTH A & C. Answer Key Changed.

Lesson 19 – Page 142

Question 7 – B is the correct answer. Answer Key Changed.

Page 147: Answer Key: Missing:

Lesson 6 – Questions 15 – A. Lesson 9 – Question 15 – A

Aromatherapy 201:

Book 1: Page 140 updated Links: Sources for Research Information

Please note that as these are all outside links I have no control over whether or not they are still live. They are all accurate at the time of writing. If they don't come up for you try googling the heading to see if they have been changed.

Aromatherapy Global Online Research Archives AGORA is an international group of volunteers dedicated to providing noncommercial aromatherapy education articles via donated web space on the internet

<http://nature-helps.com/agora/agora.html>

Essential Oil Database

<http://www.quintessential.uk.com/>

International Journal of Clinical Aromatherapy

<http://www.ijca.net/>

Science Direct

<http://www.sciencedirect.com/search?qs=Essential%20Oil&offset=25&show=25&sortBy=relevance>

Google Scholar

<http://scholar.google.ca/>

CAM on PubMed

<http://nccam.nih.gov/research/camonpubmed/>

Touch Research Institute - Aromatherapy Research Abstracts

<https://www6.miami.edu/touch-research/Aromatherapy.html>

Internet Health Library - Aromatherapy Research

<http://www.internethealthlibrary.com/Therapies/Aromatherapy-Research.htm>

Paper on evaluating Research

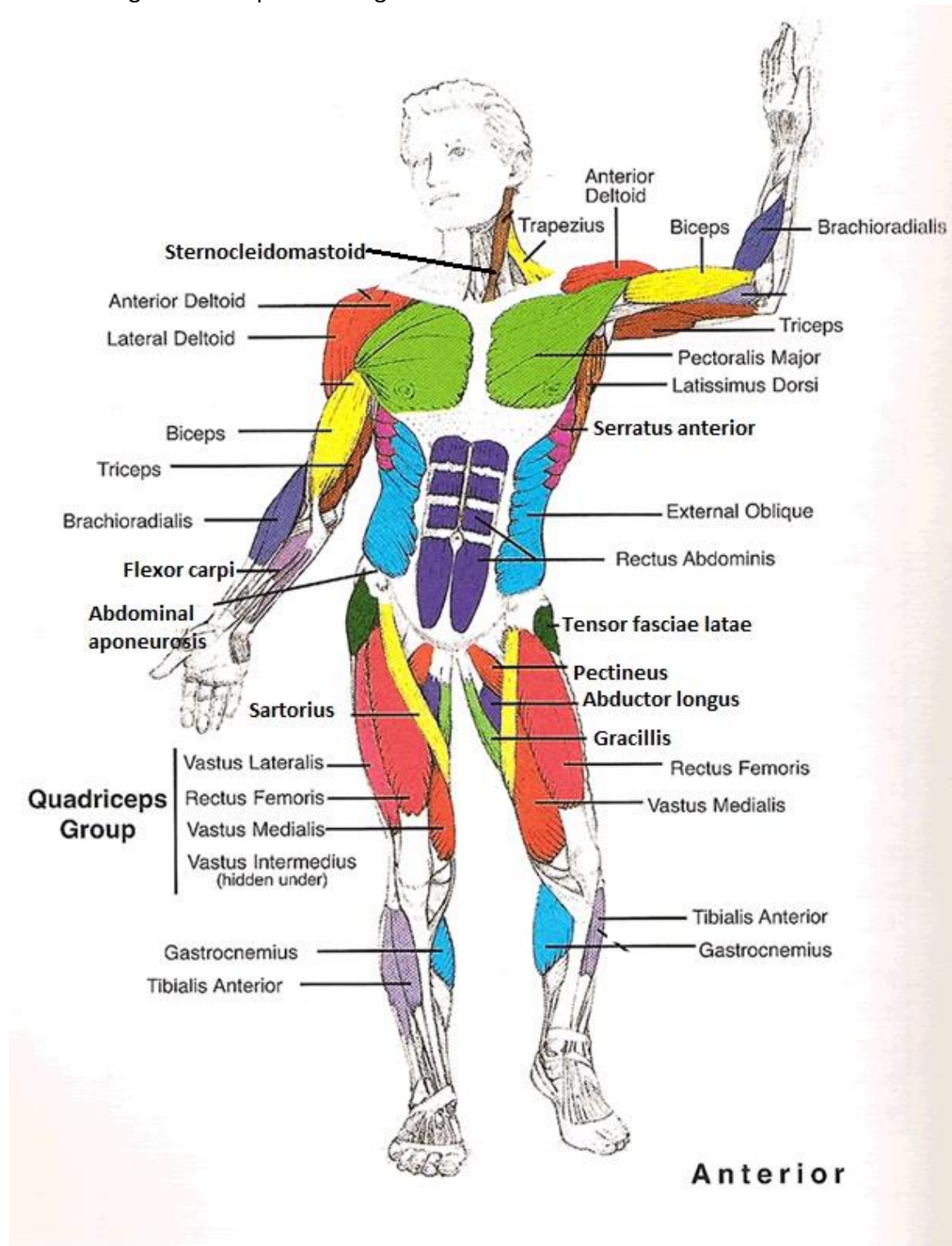
<http://www.vtpi.org/resqual.pdf>

Evaluating Internet Research Sources

<http://www.virtualsalt.com/evalu8it.htm>

Book 2: Page 60: Bay *Pimenta racemosa* is the correct Latin Name.
Page 172: Frankincense Odor Intensity: 7
Page 352: Argan *Argana sipnosa* is the correct Latin Name
Page 334: Thyme:
Cautions. First Caution should be referenced to Tisserand and Young

Book 3. Page 110. Graphic missing some labels.



Workbook:

Page 39 : Lesson 3: Question 7. Correct Answer: B. Generally Safe to use.
Lesson 7 : Page 67. There are only 8 questions for this Lesson.
The Answer Key at the back shows 9 answers. The last answer should be deleted.

Page 279: Lesson 38 Question 13 Should Read:

Choose ALL those conditions, which can be addressed by Bay:

- A. Hair tonic, flu, neuralgia.
- B. Hair loss, infectious diseases, insomnia.
- C. Flatulence, arthritis, greasy skin.

Correct Answer: A

Lesson 8: Page 73 Question 12. Correct Answer: A. Nutmeg.

Answer Key Page 266 change Lesson 8 12. A

Lesson 10: Page 86. Question 10 Correct Answer: B. Generally safe to use.

Answer Key Page 266 Change Lesson 10 10. B

Lesson 13: Page 110. Question 8.

Sandalwood is a:

- A. Top Note
- B. Middle Note
- C. Base Note

Correct Answer : C

Lesson 13: Question 10.

The essential oil of SANDALWOD is obtained by:

Answer is A

Lesson 16: Question 8. Should Read:

Choose those conditions which can ALL be addressed by Black Spruce:

- A. Poor Circulation, oily skin, cystitis.
- B. Muscle Aches and Pains, dry eczema, exhaustion.
- C. Arthritis, dandruff, insomnia.

Answer is B

Question 10. Should Read:

What is the Latin name for Black Spruce

Answer is B

Lesson 31: Test Questions: 1 & 2 are the same. Remove 1 and also remove 1 from the Answer Key.